

## Hiking Itinerary on lake Garda: from Nago to Castel Penede

Lake Garda's **alpine and excursionist refuges**. From downtown **Nago**, follow **signs** for the park and for Castel Penede. At the southern border of the park, near the detour for the edge of the cliff, a small road leads to the ruins of **Castel Penede** (40 minutes), which sits on a rocky crag and always played an important strategic role, guarding the road that connects Loppia to the Garda valley and to the Valli Giudicarie and Lomaso.

Besides its historical and architectural importance, the location affords one of the most striking views of **Lake Garda** and the surrounding mountains. Below, the ancient road for **Torbole on lake garda** cuts through the rocks eroded by the glaciers. A trail to the north leads to a grassy knoll: the small road to the left takes you back to Nago.

### INFO

- Departure: Nago (220 m.)
- Arrival: **Nago** (220 m.)
- Total difference in height (round trip): 70 m.
- Time: 1 hour
- Difficulty: T = Tourist. Includes itineraries on roads, mule trails and easy, well-marked trails that have no uncertainties, difficulty or problems with orientation. These routes are also suitable for beginners and first-time **mountain hikers**.
- Period: all year
- Map: **Kompass** n. 071, 096, 101
- Access: from Mori or from **Riva del Garda** along state road S.S. n. 240 to Nago; parking.