SASSO- SAINT VALENTINE HERMITAGE

Departure: Sasso (555 m.) **Arrival:** Sasso (555 m.

Total difference in height (round trip): 340 m.

Time: 2 hours

Difficulty: T = Tourist. Includes itineraries on roads, mule trails and easy, well-marked trails that have no uncertainties, difficulty or problems with orientation. These routes are also suitable for beginners and first-time mountain hikers.

Period: all year

Map: Kompass n. 071, 101 e 102

Access: from the state road S.S. 45 bis, to Gargnano, take the road for Navazzo and Valvestino; at the

intersection, after 7 km, bear right for Sasso; parking.

From the square in Sasso, follow the signs for trail nr. 31 that crosses the town and enters a forest along a mule trail. You'll pass a stream and walk up to a rocky belvedere (700 m; 35 min.), with a sweeping view of Lake Garda. Shortly after, you'll leave trail nr. 31 and take the trail to the right that descends to the rocky valley of the Guandalini. You'll pass a gate that accesses the terrace on which the Saint Valentine hermitage sits (715 m.; 15 min.). The hermitage was built after the plague of 1638. You'll take the same route back for the return trip (about 1 hour).