

## Hiking Itinerary on lake garda: from Navene to Dosso Spirano

Lake Garda's **alpine and excursionist refuges**. From Navene to Dosso Spirano. In Navene, a district of **Malcesine**, between the Navene pension and church is a steep narrow road covered in cement and then asphalt, passing civic numbers 4, 6, 634 and the homes of a **tourist resort**. Becoming a **trail** at one point, it proceeds and enters the "Gardesana Orientale" **Natural Reserve**.

You must obligatorily follow the trail, which ascends along bends to the junction at 287 m, where the itineraries 4 and 634 branch off (25 min.). Head left along trail nr. 6 to Valle dell'Acqua, Val Bova (30 min.), at an **altitude** of 477, and to the junction with the trail nr. 6 bis, which branches off to the right. Proceed to the forestry refuge of Dosso Spirano (1 hour). A few meters beyond the **refuge** is a small building used as a shelter that is always open and has wood. You return home along the same trail (1 hr. 45 min.).

### INFO

- Departure: Navene di Malcesine (68 m.)
- Arrival: Navene (68 m.)
- Total difference in height (round trip): 800 m.
- Time: 4 hours
- Difficulty: T = Tourist. Includes **itineraries on roads**, mule trails and easy, well-marked trails that have no uncertainties, difficulty or problems with orientation. These routes are also suitable for beginners and first-time **mountain hikers**.
- Period: all year
- Map: Kompass n. 071, 096, 101, 102 e 690
- Access: from **Torbole on lake garda** or Malcesine along State Road S.S. 239 "Gardesana orientale" to Navene; parking.