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Jižní trasy

MANERBA ROUTE

Departure: Piazza S. Bernardo (Montinelle di Manerba)

Arrival: Piazza S. Bernardo

Duration: 2 hours

Distance: 19 km

Difficulty: average

Dirt track: 40%

Asphalt road: 60%

P.za S. Bernardo – continue to Porto Dusano – go past Hotel Sole – turn left into Via Pralongo – turn right at crossroads with Via Sadat – after 100 m turn left down path for Rocca – keep left and go down to lake through Loc. Pisenze – once pathway finishes continue for 300 m on asphalt road – turn right at stop sign into Via Pisenze – continue up to left bend – take Via Mazzini – arrival in Via Belvedere – continue for 2 km – Via degli Alpini crossroads – turn right – arrival at stop sign – turn right – straight on for 50 m – IP service station – turn left into country road – Balbiana – go uphill into village – cross village – small square – turn right – at crossroads take Via delle Mosche – turn left at bottom – straight on for 200 m – turn right – straight on for 100 m – Via Rovaroli on left – straight on for 2 km – keep left – hamlet of Gardoncino – downhill towards Porto Dusano – after harbour uphill – at first bend take path for Parco della Rocca – straight along path – Church of S. Giorgio – asphalt road – P.za S. Bernardo.

MONIGA ROUTE

Departure: Piazza S. Martino

Arrival: Piazza S. Martino

Duration: 1,30 hours

Distance: 17 km

Difficulty: average

Dirt track: 20%

Asphalt road: 80%

P.za S. Martino – head towards main road – turn right at traffic lights – at crossroads turn left into Via Canestrelli – straight on then turn into Via Castellana – straight on for Soiano – at Soiano Town Hall keep right – left at first crossroads into Via S. Albano – straight on to Soiano riding centre – keep to right-hand paths – hamlet of Castelletto di Polpenazze – on reaching asphalt road turn right – Polpenazze – asphalt road towards Soiano – Soiano Town Hall – turn left into Via Trevisago – straight on up to junction with main road – turn left onto main road – turn right immediately into Via Rovaroli – straight on up to asphalt road – turn right – straight on for 20 m – turn left into Via Ponticello – straight on for 200 m – turn right – straight on along country road up to Moniga – P.za S. Martino.

PADENGHE ROUTE

Departure: Town Hall

Arrival: Town Hall

Duration: 1,30 hours

Distance: 17 km

Difficulty: quite demanding

Dirt track: 80%

Asphalt road: 20%

Town Hall – continue towards Lonato – turn left at first bend into Via dell'Artigianato – take dirt track – straight on to asphalt road - Via Maguzzano for 500 m – at Abbazia Maguzzano turn left – straight on for city walls – at end of walls turn right – straight on up to small bridge – turn right – straight on to junction – turn left into asphalt road uphill – at top of hill turn right – straight on to asphalt road – cross asphalt road – straight on to stables – pass stables – turn left up hill – Trattoria Ortica – at crossroads cross main road – take Via Predeschera – continue along Via S. Anna – straight on for 2 km – asphalt road – turn left – at roundabout turn left – turn right immediately into Via Maraviglia – straight on to Borgo Fratello – turn left – turn right into Via Levrini – straight on to crossroads with Via Pralongo – turn right – go down hill – at stop sign turn right – continue towards Padenghe castle – continue towards Padenghe – downhill - Town Hall.

SAN FELICE ROUTE

Departure: Piazza Municipio

Arrival: Piazza Municipio

Duration: 1 hour

Distance: 17 km

Difficulty: easy

Dirt track: 5%

Asphalt road: 95%

P.za Municipio – take Via Marconi – straight on to crossroads – turn left – turn right into Via S. Fermo – straight on for church of Chiesa S. Fermo – turn back – straight on to dirt road on right into Via dei Roseti – straight on to Portese – straight on towards Salò – straight on to Santella – at Santella turn left – straight on to Cisano – take Via Zurlino – turn right – straight on to crossroads – turn left – straight on to crossroads - turn left into asphalt road uphill – straight on for 1 km – becomes dirt track – straight on up to Via Mascontina – straight on for 500 m – turn left into Via S. Procolo – straight on towards hill – downhill into Via Serraglie – turn left towards S. Felice – at crossroads turn left – go downhill – at bottom of hill take Via Carrera – take Via del Gazzo – at bottom go into fields – straight on along dirt track – Santigaro artisan area – take asphalt road – turn right – straight on downhill to S. Felice – P.za Municipio.

PUEGNAGO ROUTE

Departure: Piazza Castello

Arrival: Piazza Castello

Duration: 2 hours

Distance: 20 km

Difficulty: quite demanding

Dirt track: 85%

Asphalt road: 15%

P.za Castello – continue to Polpenazze – straight on 2 km – turn right into dirt track – straight on 2 km – asphalt road – cross asphalt road – straight on dirt track – straight on 1 km – crossroads – turn left – straight on to crossroads with Via Monte Canale – straight on up to 1st roundabout – cross – straight on up to 2nd roundabout – turn left towards Soiano – straight on for 2 km – at top of hill before starting downhill turn left – dirt track – straight on up to new road with cypresses – go up natural hillock – between hedges take small path left – run alongside vineyards – straight on up asphalt road – turn right – crossroads – turn left for Gavardo – straight on for 500 m – on right previous exit road – follow this – on reaching last junction take road for Basia – stables – straight on down hill – at bottom of hill turn left – P.za Castello.

VALTENESI ROUTE

Departure: Cunettone di Salò

Arrival: Cunettone di Salò

Duration: 3,30 hours

Distance: 48 km

Difficolty: medium

Dirt track: 95 %

Asphalt road: 5 %

Cunettone – asphalt road towards Salò – straight on for 300 m – at crossroads turn right immediately – small asphalt road uphill – straight on for 1 km, then dirt track – straight on through olive groves and vineyards up to crossroads – straight on for 50 m – dirt track up to crossroads for Raffa di Puegnago – straight on along Via Case Sparse – turn left immediately downhill along Via Molaria – straight on to Pieve di Manerba – straight on to crossroads with provincial road – turn right – straight on 500 m – at first IP service station turn right – straight on for 6 km keeping right up to Balbiana di Manerba – at orange house turn left – straight on to junction – at junction turn left – cross Manerba for 1 km – on reaching traffic-free zone turn right – straight on for 200 m – at stop sign turn left for Porto Dusano – straight on for 200 m – at stop sign turn right and then immediately left into Via Prolungo – straight on to crossroads – at crossroads turn right into Via Sadat – turn right into Via Agello – straight on for Montinelle di Manerba – at crossroads turn left – straight on for 500 m – turn right into Via IV Novembre – straight on for 1 km – at sports ground turn left into Via Noveglie – at crossroads turn left into Via Rovaroli – turn left up to provincial road – turn right for Moniga – straight on up to main state road – straight on at traffic lights – turn left into Via Monte Tapino – straight on – after small hill turn right for Padenghe – straight on Lonato provincial road – at crossroads turn left into Via Artigianato - straight on up to Maguzzano Abbey – go up towards Abbey – run alongside walls of Abbey – at end of walls turn right – straight on up to small bridge –turn right at bridge – straight on to junction – at junction turn left – straight on uphill along asphalt road – at end of hill turn right – straight on to crossroads with Via Tugurio – straight on along dirt track to stables- turn left after stables – straight on to Trattoria Ortica – straight on to provincial road – straight on along Via Predeschera – straight on along Via S. Anna – straight on 2 km – turn left into Via Calvino – straight on to Castello di Frugolo – cross village – turn right – straight on to hamlet of Morti della Selva – at crossroads cross main state road - continue towards Arzaga – straight on to stables – after stables turn right – straight on to Via Levrini (artisan area) – at crossroads straight on along Via Pozzette – straight on to Castelletto di Polpenazze – straight on to provincial road – downhill to roundabout – continue towards Puegnago – straight on - Cunettone.

ROUTE BRESCIA - POZZOLENGO - DESENZANO

I° stretch Mazzano - Desenzano

Lenght: Km 19

Time: 1 hr 30 min

Kind of bike: City bike, street, hybrid, Mtb

Difficulty: easy

Taken the path at Virle Treponti in a few kilometers (km) we meet with that which comes from Brescia. It continues in the direction of Salò until you cross the road connecting Mazzano to Molinetto. Going towards the county of Pontenove in Bedizzole, we take what for centuries was a major Roman roads, the route Emila Gallica, which connected Burdigola (Bordeaux) with Constantinople. In the hamlet of Pontenove in Bedizzole, cross the beautiful stone bridge with the back of donkey, with the central chapel built in the eighteenth century. On our right, on the left bank of the river "Chiese" is located the medieval church dedicated to the Annunciazione with Romanesque apses and the ruins of the baptismal at the front of the church. Nearby, benches and tables for relaxation. The path continues, slightly uphill in the direction of the hamlet of Salago where at the junction with the road to Ponte San Marco, we take the trail passing next to a farmhouse, which we leave on our right. We are now in the country and we can ride in peace. After a couple of curves and a slight climb, the bike path follows the seriola of Lonato where we can admire the agrarian landscape of the Garda inland with gentle hills until the hamlet of Monteroseo. At the end of the deep downhill, we take the road in the meadows until Sedena of Lonato where we are behind the morainic hills and the track is slightly uphill. The road bows to the left around the hill, and brings us quickly to the stop on the road Lonato - Padenghe that we cross. We take towards Maguzzano, until the Renaissance Abbey of Maguzzano. We follow the left wall of the historic monastery until the end, where we turn

right between olive groves and wooded spots. Now we can admire, in the distance, Padenghe and the wide gulf of Lake Garda. At the end of the path we leave the street taking quickly on the right a trail through the woods: it's mostly an agrarian road with a climb, where we can admire the panorama of the lake reaching for the top of "Mount Cross". From here the road descends quickly to Desenzano. From the city, we can return by train or continue to Pozzolengo.

ROUTE BRESCIA - POZZOLENGO – DESENZANO

II° stretch Desenzano - Pozzolengo

Lenght: Km 15,6

Time: 1 hr 30 min

Kind of bike: City bike, street, hybrid, Mtb

Difficulty: fairly easy

From the roundabout take to Verona and then immediately right: the cycle path follows Mezzocolle until underpassing the railway bridge. Here we must take a left uphill road that leads us quickly to the rail. If you parked next to the station, or you arrived by train, an underpass at the end of the road after the parking allows you to take the cycle from this point. The path starts between the fields - direction Casotto - until the church of San Zeno. Here, we are approaching the tower which commemorates the battle of San Martino. Once on top, we move between vineyards and rolling hills to the valley of the Mincio of Lake Garda that we see on our left. At Vestona farmhouse, where there was a church dedicated to the Holy protector of pilgrims, today no longer existing, we take an uphill cycle path. At the end of the climb we can admire on the right the town of Pozzolengo where we reach after a long descent.