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TREMOSINE

Zone: Tremosine

Map: KOMPASS K102

Access: north of Campione, on the 45 bis road, is the province road for Pieve

Departure: Pieve square

Length: 20.20 km

Maximum altitude: 1,200 m

Difference in altitude: 813 m

Time: 2 - 3 hours

Bikeability: total; the highest part of the itinerary is the most difficult

Beauty: ****

Difficulty: average difficulty

Base: Pro-Loce info office, in the Pieve square

Note: the Tremosine area is full of striking scenery. The itinerary takes you first to the S. Michele valley, and once you've passed the ridge, you'll ride to Bondo Valley.

The itinerary starts out from Pieve. After 300 meters, turn right for the road to Mezzema, which is all uphill. On the way you'll admire the small hamlets of Tremosine perched on the hill overlooking the lake, the inland mountains, and the Mount Baldo mountain chain. After 1 km from the starting point, you'll turn right and follow signs for

- 1) Secastello, which is 2.60 km away. The road rises slightly until it reaches a junction at "Ca del luf". Take the unpaved road heading southwest that crosses a meadow on a plateau. When you reach the asphalted
- 2) municipal road, you'll turn right. After 200 meters you'll reach the intersection of Polzone, near the "Alpe del Garda" cheese factory. Follow the signs for S. Michele, and you'll pass several corn fields. At kilometer 4.90, immediately after the fields, take the first road to your right. The first part of the road is lined by meadows; further on the road will start winding up the hill. Shifting speeds, you'll start climbing up along the hillside of Mount Cocca. Once you reach the fork in the road, bear right. After a short distance, you'll end up in a
- 3) col and start exploring the other side of the ridge. When you reach the alpine hut, the trail narrows in the thick underbrush and even disappears in the highest point. The descent is tricky until you reach a renovated house, then it becomes easier as it reaches the Bondo valley. Take the Via Simosegna road to
- 4) Vesio, and then take the province road and you'll return to Pieve.

CAMPIONE, TREMOSINE, NEVESE

Zone: Tremosine

Map: Kompass K102

Access: along the Gardesana occidentale n. 45 bis road

Departure: Campione, near the soccer field

Length: 23.20 km

Maximum altitude: 810 m

Difference in altitude: 744 m

Time: 3 hr 30 min - 4 hr 30 min

Bikeability: total

Beauty (1-5*): ****

Difficulty: average difficulty

Base: Pro Loco info office, in the Pieve square

Note: right from the start, the itinerary is full of striking scenery.

Starting out from Campione, before you get to the soccer field near the tunnel for Riva, take the

abandoned carriageable road the climbs up along the rocky cliffs overlooking the lake. Bearing left, the old road enters the province road. You'll reach a dark tunnel, which you'll avoid and keep to the right. Several curves indicate that you're about to enter the beautiful, cool Brasa ravine. Once you've passed the ravine, you'll head to the village of

1) Pieve, where you'll turn right and follow signs for Vesio. At Priezzo, turn right on the Via Levante road, where you'll reach an old church. At this point, you'll turn left on the Via Pionese road, then immediately turn right, under a portico, riding downhill to the

2) Brasa Valley. Bearing left in the next two junctions, you'll end up on an unpaved road where you'll see century-old windmills and ancient barns, some of which have been renovated. When you reach the asphalted road, you'll meet up with the provincial road and turn right. After 300 meters, you'll turn left on the unpaved Via Era road. The road climbs uphill to the hamlet of

3) Voiandes. At the curve, do not take the road on the left, but go straight on the Via S. Carlo Borromeo road, where you'll meet up again with the provincial road. Turn left and after 50 meters, turn left again, following the signs for Secastello. The asphalt road travels through lush green cattle pastures. At the next junction, turn right. The road climbs uphill to

4) Bocca di Nevese, near a home with vegetable patch. Turn right, and go through the wire gate (make sure you close it carefully!). After traveling 100 meters, turn left on the hill. Turn left where the road widens and, further on at the elbow curve, turn left again. The road travels downhill to the village of Sermerio. Turn left onto the asphalted city road, which descends to the cemetery, where you'll take the small road that flanks the cemetery entrance and is unpaved in sections. Traveling downhill you'll pass a road on your right. About 50 meters ahead, turn left: the road descends sharply and borders a vineyard. The striking route in this untamed natural setting travels along a road on the edge of a cliff that leads to the valley. You'll turn left at the next intersection. The road rises slightly and passes the hamlet of Cadignano. You'll end up on the municipal road, enter the village of Pregasio and, from the center of Pieve, return to Campione along the Brasa ravine..

SALÒ' - SAN BARTOLOMEO

Zone: Salò - Roè Volciano

Map: **KOMPASS K102**

Access: **Gardesana occidentale 45 bis road**

Departure: **Salò, along the Gardesana road, from the parking lot near the junction for S.Michele**

Length: **14.00 km**

Maximum altitude: **647 m**

Difference in altitude: **557 m**

Time: **1 hr 30 min. - 2 hr 30 min.**

Bikeability: **total**

Beauty: *******

Difficulty: **average difficulty**

Base: **in the hamlets of Serniga and Gazzane.**

Note: **The first part, which is very difficult, can be avoided by starting out at the junction for S. Michele.**

The itinerary starts slightly before Salò, near the junction of the state road for S. Michele. The first stretch is on the Gardesana road heading to Brescia. Beware of the traffic. After 0,5 km, take the second road to your right and travel the steep S. Bartolomeo road. The steep incline on the cement road forces the rider to use lower speeds: this is a tough start for muscles that are still not warmed up. Further up, bear right and do not take the private road that goes straight. Once you're back on the asphalt road, you keep climbing, riding past several homes and take the wider road. At the intersection you go straight along the cobblestone road, which requires more physical exertion. Finally, the road is less steep and opens onto the town road for S. Michele, near the

1) rest area that overlooks the gulf of Salò. The itinerary continues on the road. At the first intersection, go straight for Serniga. The stretch leads to a plateau with meadow. At this point, take the unsurfaced

road on the left to Serniga. Once in the village, take the first road to the left, then the next right. You'll arrive at the church where you'll travel along the old trail that flanks the soccer field and travels through the thick vegetation. In some places the old road is narrow and difficult to pass. You'll end up in a meadow near a hut. Further on, take the asphalted road that climbs to the

- 2) sanctuary. The itinerary continues along the unpaved road on the right that starts to climb. You'll reach the
- 3) highest point near a house with cement road. The cement road quickly descends to Val Sabbia. Turn left at the church. You'll enter
- 4) Gazzane, a neighborhood of Roè Volciano. Follow signs for Salò. Once you reach the Gardesana road, you'll return to the point of departure.

VESIO, TREMALZO-RIFUGIO GARDA, PASSO NOTA

Zone: **Mount Tremalzo**

Map: **KOMPASS n. 096**

Departure: **Parking lot in the center of Vesio**

Access: **from Riva, take the S.S. n. 45 bis road for Limone, junction for Tremosine-Vesio**

Length: **39.80 km**

Difference in altitude: **1,313 m**

Maximum altitude: **1,863 m**

Time: **6 - 7 hrs**

Bikeability: **Total**

Difficulty: **very difficult**

Beauty (1-5*): ********

Base: **Malga Ciapa, Garda refuge, A.N.A. Vesio refuge on Nota Pass**

Note: **although this itinerary, which covers a considerable difference in altitude, requires physical preparation, it's worth the effort due to the beautiful scenery and the route. Due to the altitude, it is inaccessible in the winter and early spring.**

Starting out from Vesio, follow the signs for Polzone. After less than 1 km, turn right on the unpaved road to Val S. Michele valley that skirts the meadows and cornfields. Once you pass a small dam (at 5.3 km), head for the Tremalzo Pass. Beyond the bridge, you'll go uphill and take a winding road. The steeper ascent will require changing gear speeds: don't overexert yourself right away because the road is difficult and steep. After 13.37 km, you'll take the road to the right, which is the only stretch that gives you a chance to rest a bit as you head to the Pisù Falls. At

- 1) **Malga Ca dall'Era you'll leave the woods and head to the alpine meadows on a road with a 10% gradient (in 1.5 km, there is a 129 m difference in altitude!) that puts your physical condition to the test. Once you reach Cocca Pass, the most difficult stretch is behind you. In just 4.8 km, along an unpaved road with a gradient that does not surpass 6%, you'll reach Malga Ciapa. After 600 meters you'll encounter**

- 2) **Garda Refuge, which is built below Mount Tremalzo. You are still 1.8 km away from the highest point of the itinerary. When you enter the tunnel after 3 hours and 22.30 km from the departure, you need to change clothes. Once you exit the**

- 3) **tunnel, you'll come across an incredible series of curves along a tough descent. The first part of the road is full of potholes and bumps. After 7.30 km downhill, you'll reach the beech trees on**

- 4) **Nota Pass: the road to the left takes you to the nearby A.N.A. Vesio refuge, then heads to the Segala chalet (A.N.A. Limone refuge) and Lake Ledro, but you'll take the road on the right and follow the signs for Tremosine. The unpaved road, which turns into an asphalt road further ahead, takes you to the bottom of the Bondo Valley. After you cross the bridge on the left, the road levels out and takes you to Pertica, then Vesio.**